

**THE RELATIONSHIP OF JOB STRESS TO JOB SATISFACTION AMONG THE
PHYSICAL EDUCATION TEACHERS OF RAJASTHAN**

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ABSTRACT

The purpose of the study was to identify job satisfaction level of Physical Education teachers of Rajasthan based on their level of job stress. 500 Physical Education teachers working in different Senior Secondary Public and Government schools in Rajasthan were selected at random as subjects for this study. Bandura's social cognitive theory served as the theoretical framework and guided the study. Job stress and job satisfaction were measured by the Job Stress Scale and the Job Satisfaction Scale respectively. Relationships among job stress and job satisfaction of Physical Education teachers were examined by using Pearson's Product Moment Correlation Method, Z-Score and Multiple Regression analysis. The study indicated that there was significant relationship of job stress to job satisfaction among the teachers of Physical Education working in Government and Public schools of Rajasthan. This study contributes to the literature on job satisfaction among Physical Education teachers. It offers the administrators, educators and management personnel's psychometrically sound instruments to evaluate job stress level and level of job satisfaction among their employed Physical Education teachers.