

A COMPARATIVE STUDY ON SELF-CONCEPT AMONG KHELO INDIA YOUTH AND KHELO INDIA UNIVERSITY SWIMMERS

Bind Badal* Singh K. Rojeet and Vaz L. Wilfred*****

- 1, 2. Assistance Professor, Rajiv Gandhi University, Arunachal Pradesh, **INDIA.**
3. Professor, LNIPE, Gwalior, Madhya Pradesh, **INDIA.**

Email: willielnipe@gmail.com

(Received November 30, 2021, accepted December 22, 2021)

ABSTRACT

The objective of this study was to compare the self-concept among Khelo India University Game (male and female) and Khelo India Youth Games (male and female) swimmers. A total of 100 swimmers from Khelo India University Game (male 30 and female 20) and Khelo India Youth Games (male 32 and female 18) age ranging from 18 to 24 year of age were randomly selected from the 3rd Khelo India Youth Games (KIYG) held at Guwahati, Assam, 2020 and 1st Khelo India University Game (KIUG) held at Bhubaneswar, 2020. The Self-concept Questionnaire developed by Robson (1989) comprises of 30 items was used for the assessment of self-concept among the swimmers. The Descriptive statistics mean, and standard deviation was used. For the comparison among the groups (KIUG & KIYG) the One-Way Analysis of Variance (ANOVA) was employed at .05 level of significance. The result shows that the self-concept among the male and female swimmers of Khelo India University Games and Khelo India Youth Games male and female have found significant different as the calculated F-value (6.974) was greater than tabulated F-value (2.70). Further, the Post Hoc Test reveals that there were significant differences exist between the swimmers of male KIYG & female KIYG (.024), male KIYG & male KIUG (.022), male KIYG & female KIUG (.040), between female KIYG & male KIUG (.000), female KIYG & female KIUG and between male KIUG & female KIUG swimmers (.000) as their obtain p-value were lesser than .05. And the similarities found between the swimmers of female KIYG and female KIUG (1.00) as their obtain p-value were greater than .05. The present study comes to the conclusion that similarities exist between female swimmers of Khelo India Youth Games and Khelo India University Games on self-concept.