

AN OVERVIEW ON SCHEMES EVOLVED IN FIVE YEAR PLANS OF UGC FOR THE DEVELOPMENT OF PHYSICAL EDUCATION AND SPORTS IN INDIAN UNIVERSITIES AND COLLEGES

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ABSTRACT

The University Grants Commission, New Delhi decided to disburse grants to Universities and Colleges directly under National Sports Organisation (NSO) Programme from VII plan (1987-1992). The main purpose of this study was to enlighten the initiatives of the UGC, New Delhi adopted in five year plans (VII plan to XII Plan) for the development of Physical education and Sports in university and colleges. A sample of 120 (one hundred twenty) Directors of Physical Education selected randomly from North, South, West and East Zone. The data was collected by both sources i.e. primary and secondary covered by an exclusive interview with the subjects. The data was analysed by using percentage method. The main findings of the research suggest that UGC has prepared blueprints for the development of physical education and sports during VII plan (1987 to 1992). The 'Pay Revision Scheme for DPEs', 'Examination Reforms Scheme' for outstanding sportspersons, 'MOU with NAF' (National Adventure Foundation) and 'Yoga and Positive Health Scheme' were the main schemes adopted by the UGC during VII plan to X plan (1987 to 2002). The physical education and sports development process was slow during 1992 to 2007. The rapid development in physical education and sports has been seen during XI plan (2007-2012). The scheme for Development of Sports Facilities, Equipment's and Infrastructure in Universities and Colleges is continued along with new 'Sports Scholarship Scheme' in XII plan. The findings lead to conclusion that the DPEs across the country has highly appreciated and favoured the schemes evolved by the UGC in Five Year Plan for the promotion of Physical Education and Sports in Universities and colleges.