

INVESTIGATION OF ANXIETIES AMONG PHYSICAL EDUCATION STUDENTS AND TEACHERS

***Sharma Rajkumar**

Gymnastic Coach, Sports Authority of India, Bilaspur, **INDIA.**

Email: sharmagym59@yahoo.co.in

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ABSTRACT

The levels and causes of teaching practice anxieties of physical education student-teachers were examined in their first block of teaching. Ninety nine male physical education student-teachers of Guru Ghasidas Central University, Bilaspur (CG) were selected for the present investigation. Student-Teacher Anxiety Scale (Hart, 1987), Eysenck's Personality Questionnaire-R (Eysenck and Eysenck, 1975) and Teacher Concerns Questionnaire (George, 1978) were used for the purpose of data collection. To investigate the anxieties of physical education students on first teaching practice, descriptive statistics, ANOVA, chi-square and Pearson moment coefficients correlation with all the subjects were computed. Results of the study indicated that the physical education student-teachers did not differ in the way they experience anxiety from practice teaching related factors. Student-teacher who manifests neurotic personality is prone to anxiety caused by evaluation, class control, professional preparation and unsuccessful lesson. Statistically significant difference was not exhibited by student-teacher in three factors of TCQ.